

APPICIO S

Psychodynamic Thinking

A Community for Collaborative Learning

appcios.info

APPCIOS

The Association for Psychodynamic Practice and Counselling in Organisational Settings

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When everything stops with you, we're here to help.

We have seen frontline staff stagger under the emotional weight of their work. We know they need support and training to understand the complex emotional distress of vulnerable clients. Our relational focus can make all the difference to them and their clients.



[Find out more...](#)

The Association for Psychodynamic Practice and Counselling in Organisational Settings

Promoting Mental Health Within Organisations



Supporting front line staff

We provide mentoring, webinars and supervision, delivered on line, in real time, and available wherever you are.

[Find out more...](#)



An online community

We offer a professional home for workers struggling with organisational trauma.

[Find out more...](#)



Training and development

We're developing our own online learning site, and a portfolio of courses that lead to professional accreditation with the BPC.

[Find out more...](#)



**These are the three of us who founded APPCIOS in 2011:
Anton Obholzer, Jenny Sprince, Judith Trowell.**

We'd all had many years' experience of
consulting to staff groups and volunteers
working on the frontline
with vulnerable client groups . . .

... training them to work
more effectively and at a deeper level
in situations that aren't
consulting-room based ...

. . in fostering agencies, hospitals,
schools,
children's homes,
and many other settings . . .


. . .we wanted their expertise
to receive appropriate
recognition.

Accreditation with the BPC as psychodynamic organisational therapists

<https://www.bpc.org.uk/>

**BRITISH/
PSYCHOANALYTIC
COUNCIL**

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We are the UK's leading professional association and accredited public register for psychoanalytic psychotherapy and the home for some of the world's leading psychoanalytic thinkers and change makers.

[READ OUR COVID-19 GUIDANCE >](#)



Find a psychotherapist

Psychodynamic organisational therapists
work in many different settings, including -

- Schools
- Children's homes
- Youth clubs
- Social care teams
- Fostering agencies
- Prisons

APPCIOS offers:

- A low-cost portfolio training accredited by the BPC
- An opportunity to study online and at your own pace
- Mentoring
- A supportive network
- An interactive website
- Workshops, live groups, webinars - all via Zoom
- Support to develop your own in-house trainings.

<https://psychodynamicthinking.info/>

Psychodynamic Thinking

A community for collaborative learning.

This site promotes learning, sharing and collaboration amongst everyone interested in understanding how human beings relate to one another - as individuals and in groups and organisations.

- We welcome everyone interested in psychodynamic thinking.
- We host live meetings that offer support during these difficult times: go [here](#) to see what's available.
- Scroll down this page to find recent comments and articles.



***A Virtual Community;
A Virtual Home.***

Thank you.

We're delighted to welcome you to our
Psychodynamic Thinking Website -
and to introduce you to APPCIOS.